

Freska CATERING



Corporate Catering 2025



How to place your order

The quickest & easiest way to order catering is online through our website, where you will find our full menu offering. Please visit www.freska.gi/corporate

Or use this order form

Email to: manager@freska.gi

Fully cooked

Order up to 48 HOURS BEFORE
WE DELIVER



Should you have any special requests or queries, you can contact our catering team, we can also bespoke orders if urgent office delivery is required:

Email: manager@freska.gi

Telephone: **225 01333**

Please note: Some products contain allergens. If you require further information please contact a member of our catering team.

○ Breakfast Pastry Platter £20

(20 units)

Selection of delicious mini pastries, muffins & doughnuts.

Qty

Qty

Breakfast Sandwich Platter £35*

(40 units) choose 3 per platter

Select

○ Avocado, Feta & Chilli

● Tomato & Vegan Cheese

Bacon & Egg

Sausage & Tomato

● Vegetarian Sausage

Bacon, Lettuce & Tomato

Smoked Salmon & Cream Cheese

● Hummus, Spinach & Tomato

●● Sliced Fruit Salad Platter £25

(25 units)

Qty

This gorgeous selection of seasonal fruit will add a touch of colour to any morning, whatever the weather.

Granola Pots £3.50 each*

Qty

○ Banana & Honey

○ Peach

○ Berries

HOT Baps £4.00 each*

Qty

Bacon Bap

Sausage Bap

○ Vegetarian Sausage Bap

○ Hashbrown & Fried Egg Bap

Sausage & Cheese Bap

Baguettes £5.25

Qty

African Chicken

Chicken Gaucha

Torta Patata With Garlic Mayo

Breaded Chicken & Coleslaw

Salmon & Cream Cheese

○ Vegetarian ● Vegan ●● Gluten free *Gluten free option available, £5 extra charge

Cold Canapés Platter £35

(30 units) choose 3 items per platter

Qty

Select

Spinach Pie

Traditional Torta Patata

Spinach Torta Patata

Chorizo Torta Patata

Cheese Ball Bites

Crispy Chicken & Mushroom Vol Au Vent

Crab Vol Au Vent

Tomato & Mozzarella Vol Au Vent

Tuna & Egg Mayo Vol Au Vent

Smoked Salmon & Cream Cheese Vol Au Vent

Crostini With Mashed Tomato & Serrano Ham

Crostini With Roast Beef & Cream Peppers Sauce

Crostini With Hummus & Peppers

Crostini With Hummus & Pomegranate Seeds

Coconut Thai-Green Prawn Tartlets

Smoked Salmon, Brie & Pesto Tartlets

Goats Cheese & Pumpkin Tartlets



Hot Canapés Platter £40

(30 Units) choose 2 items per platter

Qty

Select

Mini Beef Burgers

● Mini Vegan Burgers

Roast Pork & Gravy Sauce

○ Goats Cheese & Caramelised Onion

Pigs In Blankets

Crispy Coconut Prawn

Mini Serrano Ham Croquettes

Mini Chicken Croquettes

○ Mini Spinach Croquettes

Filo Wrapped Prawn & Sweet Chilli Sauce

Tempura Prawns

Breaded Crab Claws

Dates Wrapped in Bacon

○ Mozzarella Stick & BBQ Sauce

○ Vegetarian Samosas

○ Jalapeño Poppers

Chicken Goujons

Mini Cocktail Sausages

Asparagus Spears Wrapped With Serrano Ham



○ Vegetarian ● Vegan ● Gluten free *Gluten free option available, £5 extra charge

Asian Hot Canapés £40

(30 Units)

Qty

Select

Mini Spring Chicken Rolls

Mini Spring Duck Rolls

Vegetarian Gyoza

Prawn Gyoza

Chicken Gyoza

Mini Bao With Asian Beef

Mini Bao Teriyaki Chicken

Mini Bao Green Vegetables

Chicken Satay Skewers

Mini Asian Gigals Rolls

Duck Bon Bon

Kids Mini Hot Canapé Platter £30

(20 Units)

Qty

Select

Mini Ham & Cheese Pizza

Mini Tuna & Cheese Pizza

Mini Cheese Pizza

Canapé Salad Platter £25

(20 units) individual mini salad cups choose 2 per platter

Crab Salad

Vegetable Russian Salad

Tuna Russian Salad

Pomegranate & Quinoa With Balsamic Vinegar

Alioli & Potato

Alioli Prawn Salad

Sweet Potato & Feta Cheese

Tuna Rice

Falafel Salad

Sweet Potato, Feta, Onion & Pomegranate

Sandwich & Wrap Platter £35

(40 units) choose 3 per platter

	Qty	Qty
	<input type="checkbox"/>	<input type="checkbox"/>
	Select Sandwich	Wrap
Tuna Sensation	<input type="checkbox"/>	<input type="checkbox"/>
Chicken Caesar	<input type="checkbox"/>	<input type="checkbox"/>
Ham & Coleslaw	<input type="checkbox"/>	<input type="checkbox"/>
Tandoori Chicken	<input type="checkbox"/>	<input type="checkbox"/>
Breaded Fried Chicken, Salad & Mayo	<input type="checkbox"/>	<input type="checkbox"/>
Chicken Fajita	<input type="checkbox"/>	<input type="checkbox"/>
African Chicken	<input type="checkbox"/>	<input type="checkbox"/>
<input type="radio"/> Torta Patata & Alioli Sauce	<input type="checkbox"/>	<input type="checkbox"/>
Duck	<input type="checkbox"/>	<input type="checkbox"/>
<input checked="" type="radio"/> Falafel	<input type="checkbox"/>	<input type="checkbox"/>
<input type="radio"/> Vegetables & Mozzarella	<input type="checkbox"/>	<input type="checkbox"/>
<input type="radio"/> Tomato, Onion & Cheese	<input type="checkbox"/>	<input type="checkbox"/>
Tuna Hawaiian	<input type="checkbox"/>	<input type="checkbox"/>
Ham & Cheese	<input type="checkbox"/>	<input type="checkbox"/>
Serrano Ham & Cheese	<input type="checkbox"/>	<input type="checkbox"/>
Coronation Chicken	<input type="checkbox"/>	<input type="checkbox"/>
Chicken, Bacon & Mayo	<input type="checkbox"/>	<input type="checkbox"/>
Salmon, Cream Cheese & Cucumber	<input type="checkbox"/>	<input type="checkbox"/>
Prawn, Lettuce, Cucumber & Salsa Rosa	<input type="checkbox"/>	<input type="checkbox"/>
Paté & Red Currant	<input type="checkbox"/>	<input type="checkbox"/>
Roast Pork & Green Pepper Sauce	<input type="checkbox"/>	<input type="checkbox"/>
<input checked="" type="radio"/> Roast Vegetables & Pesto	<input type="checkbox"/>	<input type="checkbox"/>
<input type="radio"/> Egg, Mayo & Chive	<input type="checkbox"/>	<input type="checkbox"/>
<input type="radio"/> Roasted Peppers & Cream Cheese	<input type="checkbox"/>	<input type="checkbox"/>
<input checked="" type="radio"/> Tomato & Onion	<input type="checkbox"/>	<input type="checkbox"/>
Roast Pork & Apple Sauce	<input type="checkbox"/>	<input type="checkbox"/>
Salmon & Cream Cheese	<input type="checkbox"/>	<input type="checkbox"/>
<input checked="" type="radio"/> BBQ Mushroom & Rocket	<input type="checkbox"/>	<input type="checkbox"/>
<input checked="" type="radio"/> Hummus, Spinach & Tomato	<input type="checkbox"/>	<input type="checkbox"/>
<input checked="" type="radio"/> Vegan Cheese, Fig Jam & Rocket	<input type="checkbox"/>	<input type="checkbox"/>
<input checked="" type="radio"/> Grilled Aubergine, Roasted Peppers & Pesto	<input type="checkbox"/>	<input type="checkbox"/>
<input checked="" type="radio"/> Smoked Aubergine, Red Onion, Avocado & Spinach	<input type="checkbox"/>	<input type="checkbox"/>
Breaded Fried Chicken, Salad & Mayonnaise	<input type="checkbox"/>	<input type="checkbox"/>

Vegetarian Vegan Gluten free *Gluten free option available, £5 extra charge

Salad Platter Homemade with the finest ingredients.

Large £20 (serves 4) Individually packaged £6.50 (serves 1)

	Lg	Ind
● Green Salad	<input type="checkbox"/>	<input type="checkbox"/>
● Mexican 3 Beans & Tomato Chilli Sauce	<input type="checkbox"/>	<input type="checkbox"/>
Classic Nicoise	<input type="checkbox"/>	<input type="checkbox"/>
Moroccan Couscous & Chickpeas	<input type="checkbox"/>	<input type="checkbox"/>
○ Italian Potato & Dried Tomato	<input type="checkbox"/>	<input type="checkbox"/>
Duck Bon Bon	<input type="checkbox"/>	<input type="checkbox"/>
Chicken Caesar	<input type="checkbox"/>	<input type="checkbox"/>
Grilled Chicken	<input type="checkbox"/>	<input type="checkbox"/>
Chicken, Rice, Broccoli & Mexican Sauce	<input type="checkbox"/>	<input type="checkbox"/>
○ Goats Cheese	<input type="checkbox"/>	<input type="checkbox"/>
Honey Prawn Salad	<input type="checkbox"/>	<input type="checkbox"/>
● Falafel Salad	<input type="checkbox"/>	<input type="checkbox"/>
○ Quinoa, Feta Cheese, Pomegranate Seeds & Balsamic Vinegar	<input type="checkbox"/>	<input type="checkbox"/>

Quiche Platter (30 units)

	Qty
Goats Cheese, Spinach & Caramel Onion £20	<input type="checkbox"/>
Red peppers & Parmesan Cheese £20	<input type="checkbox"/>
○ Spinach & Mushroom £20	<input type="checkbox"/>
○ Brie & Broccoli £20	<input type="checkbox"/>
○ Veggies Quiche £18	<input type="checkbox"/>
Classic Lorraine £18	<input type="checkbox"/>

Other Popular Platter Items

	Qty
Mini Chicken Croquettes (20 Units) £20	<input type="checkbox"/>
○ Mini Spinach Croquettes (20 Units) £20	<input type="checkbox"/>
Mini Serrano Ham Croquettes (20 Units) £20	<input type="checkbox"/>
Beef Empanada (12 Units) £25	<input type="checkbox"/>
Chicken Empanada (12 Units) £25	<input type="checkbox"/>
Goat Cheese & Caramelized Onion (12 units) £25	<input type="checkbox"/>
● Hummus & Vegetable Sticks (2 Bowls) £25	<input type="checkbox"/>
● Falafel Platter (15 Units) £25	<input type="checkbox"/>

○ Vegetarian ● Vegan ● Gluten free *Gluten free option available, £5 extra charge

Spanish Platter (serves 5) £75

Dates wrapped in bacon, duck & caramelized onion canapé, mini croquettes (ham, spinach, chicken), torta patata, olives, goats cheese & caramelized onion crostini, crab canapé, marinated prawn skewer.

Charcuterie Platter (serves 4) £75

Selection of cured meats, selection of cheeses, fruit skewers, olives, nuts, paté, crackers.

- **Falafel Platter £16**
- **Cheese Selection & Breadstick Platter £30**
- Serrano Ham Platter £30**

Bite Size Torta Patata Platter

(20 units)

- **Traditional (20 units) £14.50**
- **Spinach (20 units) £15**
- **Peppers (20 units) £15**

Treats

Our tasty treats are great with tea/coffee. Or are a delightful finishing touch to a lunch meeting.

Qty

Treats Platter £20 (20 Units)

A selection of individually portioned mini cakes.

Gourmet Biscuit Platter £21.50 (20 Units)

Selection of Individually wrapped biscuits.

Whole Cakes £60 each

(Serves 20)

- Carrot Cake
- Chocolate Cake
- Oreo Cheesecake
- Baileys Cheesecake

Disposable cutlery & plates available on request, priced at 10p each.



○ Vegetarian ● Vegan ● Gluten free *Gluten free option available, £5 extra charge

Drinks

Tea & coffee dispensers (Serves 10)

Sugar, milk, stirrers & disposable cups included.

Freshly ground Delta coffee £16

Qty

Freshly Brewed Tea £15

Bottles water (sparkling / still)

Spk Still

Large £3

Small £1.50

Soft Drinks Cans £1.90

Qty

Coke

Diet Coke

Coke Zero

Fanta Orange

Fanta Lemon

Aquarius Blue

Aquarius Orange

Sprite

Glass Apple Juice

Glass Orange Juice

Glass Peach Juice

Glass Pineapple Juice

House Bottle of wine £10.50

Qty

Red

White

Rosé

Freshly squeezed

Qty

400 ml Orange £5

400 ml Apple Juice £5

400 ml Energizer Smoothie £5

400 ml Carrot, Ginger, Lemon & Apple £5

400 ml Banana & Berries Smoothie £5

400 ml Banana, Berries & Milk £5

New Corporate Meal Plans!

Freshly prepared, meals delivered daily to your office

- Mid-morning delivery daily
- Ready to reheat and eat
- Monthly menu of Freska favourites
- Orders of 5-100 meals catered for
- Daily, weekly, monthly plans

View sample menu
& price plans

www.freska.gi/mealplan/

reduced prices available for large orders



Contact us to discuss
your office requirements

SAMPLE MENU	Meat £6.50	Fish £6.50	Vegetarian £6.50
Monday	Milanese Chicken with Wedges & Peas	Fish Paella	Vegetarian Paella
Tuesday	Beef Stew & Bread Roll	Seafood Risotto	Steamed Broccoli & Tofu.
Wednesday	Chicken Paella	Prawn Noodles	Stuffed Mushroom & New Potatoes
Thursday	Pasta Bolognese	Russian Salad	Moroccan Style Vegetables Couscous
Friday	Beef Burrito	Prawn Fried Rice	Mushroom Pil Pil Pasta

Collection or delivery

Select

Collection

Delivery

Location

WTC Free Delivery, any other location £10

Date & time of your event

Date:

Time you require your catering:

Your details

Name:

Title:

Organisation:

Email:

Phone number:

Mobile:

Any other relevant information

T: 225 01333

www.freska.gi/corporate

